



# **LUNCH MENU**

# BOWLS (SM/LG)

Club salad 8.50/14.00
FREE RANGE CHICKEN, AVOCADO, COS LETTUCE,
CHERRY TOMATOES, GREENS & LEMON DRESSING

Quinoa salad 97.00/11.00
RED BERRIES, HAZELNUT CRUSTED TOFU,
SOYA HONEY DRESSING

Rice, barley & spelt salad 97.00/11.00
ROAST CHIPOTLE SWEET POTATOES

Add free range chicken to your salad 4.50

#### **BEAUTIFULLY VEGAN**

Enjoy our flavourful vegan dishes - just look out for our (ve) symbol across the menu.

# **SMALL & SHAREABLE**

Chips'n'dips TORTILLA CHIPS WITH EITHER: WHITE BEANS & PESTO / KALE & CASHEWS / SMOKED PAPRIKA & CHICK PEAS		4.50
Stuffed peppers spiced tofu stuffed tempura padrón peppers	VE	5.50
BBQ chicken wings (6 pcs) FRENCH FRIES AND BLUE CHEESE DIP		7.50
Sharing tacos CHOOSE FROM FOLLOWING FLAVOURS:		9.50
GRILLED VEGETABLES & HUMMUS / CHIPOTLE CHICKEN & SLAW / FISH GOUJONS. SPICY TARTARE		

#### PIZZA

CRISPY, FRESHLY MADE STONE-BAKED PIZZAS, PREPARED IN A

# BURGERS SERVED WITH CHIPS

170G beef burger MRS KIRKHAM'S CHEDDAR, CRISPY ONIONS, CHIPOTLE MAYONNAISE		14.00
Harissa spiced chicken burger ONION COMPOTE		14.00
Plant burger smoked vegan cheese, onion, lettuce	VE	13.00
Add bacon		1.50
Add onion rings		1.50

### **DESSERTS**

Lemon chai pudding		7.00
Gluten free chocolate brownie	(GF)	7.50
Jude's ice cream Sundaes VEGAN ICE CREAM OPTION	(VE)	5.50

#### JUDE'S ICE CREAM

Jude's is Britain's first carbon negative ice cream company.

A family run business dedicated to crafting unbelievably delicious plant-based and dairy ice creams.

If you have any dietary requirements or are concerned about food allergies, e.g., nuts, you are invited to ask one of our team members. Opening times may vary. All prices include VAT at the current rate. A 12.5% discretionary service charge will be added to your bill.

<sup>(</sup>V) vegetarian, (VE) vegan, (GF) gluten free.



WHITE WINE	BOTTLE	175ML	DRAUGHT BEER HALF	PINT
Between Thorns Chardonnay	23.50	6.25	Stella Artois 3.25	6.50
SOUTH EASTERN AUSTRALIA			Brewdog Lost Lager 3.50	6.95
Vinuva Organic Pinot Grigio VENETO, ITALY	27.50	7.00	Brewdog Punk IPA 3.50	6.95
Picpoul De Pinet, Petite Ronde BORDEAUX, FRANCE	33.00	8.00	Corona 3.50	6.95
Waipara Hills, Sauvignon Blanc	37.00	8.75	Peroni Nastro Azzurro	5.50
Vavasour Pinot Gris	40.00	9.50	Brewdog Punk AF (non-alcoholic)	5.50
	57.00	15.00	Daura Damm (gluten free)	5.95
BURGUNDY, FRANCE			Guinness Surger Can	6.25
			Brewdog Dead Pony Club Pale Ale	6.50
RED WINE	BOTTLE	175ML	BACARDI SUMMER COCKTAILS	
Between Thorns Shiraz	23.50	6.25	Bacardi Berry Mojito	11.00
Tekena Merlot, Central Valley	28.00	7.00	Bacardi Summer Punch	11.00
Élevé Pinot Noir, Vin De France BORDEAUX, FRANCE	30.00	8.00	COCKTAILS IN A CAN BY EAST LONDON LIQUOR COMPANY	
Drifting Cabernet Sauvignon	35.00	8.50	Pomegranate & Vodka Seltzer	7.95
Don Jacobo Rioja Crianza Tinto,	39.00	9.50	Lime & Vodka Seltzer	7.95
Bodegas Corral	0,.00	,	Grapefruit Gin & Tonic	7.95
RIOJA, SPAIN			Grapefruit Gin & Tonic (0.5% vol)	6.95
Puro Malbec, Mendoza MENDOZA, ARGENTINA	44.00	11.00	L.A. KOMBUCHA CRAFT BEER INSPIRED NON-ALCOHOLIC KOMBUCHA	
ROSÉ WINE	BOTTLE	175ML	L.A. Citrus Hops	4.50
Rare Vineyards Cinsault	29.50	6.95	CITRUS, FLORAL AND TROPICAL HOPS	
Vieilles Vignes Rosé, Pays D'oc LANGUEDOC-ROUSSILLON, FRANCE			L.A. Tropical Ginger GINGER AND TROPICAL HOPS	4.50
Estandon Héritage Rosé, Côtes De Provence PROVENCE, FRANCE	35.00	8.50	HOT DRINKS PLEASE ASK YOUR SERVER FOR THE FULL SELECTION OF HO	OT DRINKS
			Selection of Teas SERVED WITH BISCUITS	3.50
			Selection of Coffees fro	om 3.00

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SERVED WITH BISCUITS